

# EUCCHARISTIC REVIVAL



## Personal Reflection: Deacon Kenski

Deacon Frank Kenski recently shared how grateful he is for the prayers of Saint Thomas Aquinas. They help him prepare before Mass, and give thanks after Mass. Here is how they begin:

### **PREPARATION FOR MASS** (excerpt)

***Almighty eternal God, behold, I come to the Sacrament of your Only begotten Son, our Lord Jesus Christ, as one sick to the physician of life, as one unclean to the fountain of mercy, as one blind to the light of eternal brightness, as one poor and needy to the Lord of heaven and earth...***

### **THANKSGIVING AFTER MASS** (excerpt)

***I give you thanks, Lord, holy Father, almighty and eternal God, who have been pleased to nourish me, a sinner and your unworthy servant, with the precious Body and Blood of your Son, our Lord Jesus Christ: this through no merits of mine, but due solely the graciousness of your mercy...***

Deacon is especially appreciative that these prayers are so available -- ***right in our hymnal, on page 327***. He says, "I'm happy to know that it's right there in the pew. We don't need to look for anything extra. It blows my mind!"

Thanks, Deacon, for pointing us to these powerful prayers that are right at our fingertips! What a blessing for those quiet moments before Mass begins and right after Communion!

**"I come to the  
Sacrament of  
your Only  
Begotten Son,  
our Lord Jesus  
Christ, as one  
sick to the  
physician of  
life..."**

**- Saint Thomas  
Aquinas**

**IF YOU WOULD LIKE TO SHARE YOUR THOUGHTS ON WHAT THE  
EUCCHARIST MEANS TO YOU, CONTACT MARY AT  
COMMUNICATIONS@STJOSEPHMECH.ORG OR 717-766-9433.**

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